



Salt and Light Ministry

20
26



I QUARTER REPORT



www.saltandlighthonduras.com

1. Health Program

a. Medical Clinic

♥ During the first quarter of 2026, **1,464 lives were impacted** through the care provided by our medical clinic.

👩‍⚕️ Thanks to the dedication of our team, every patient received compassionate care and support, bringing relief to those who need it most.

🌍 More than just numbers, these results represent **hope, well-being, and a real impact** on the health of our community through consistent care and disease prevention



DISEASES	JAN	FEB	MAR	TOTAL
Diabetes Mellitus	80	81	85	246
Hypertension	92	100	110	302
Respiratory	39	22	38	99
Otolaryngology	41	24	27	92
Cardiovascular	17	27	29	73
Gastrointestinal	51	40	48	139
Dermatology	11	14	17	42
Neurology	5	5	9	19
Gynecology	8	11	14	33
Prenatal Care	19	30	27	76
Growth and Development	20	45	19	84
Hematology	4	6	12	22
Other	24	42	31	97
Minor Surgery	5	2	5	12
Nephrology	12	14	21	47
Family Planning	5	5	6	16
Ophthalmology	4	2	7	13
Orthopedics	10	11	22	43
Cytology	0	4	5	9
Total	447	485	532	1,464



📅 One of the most important services we provide is care for older adults and patients with chronic conditions through our **diabetes program**, where patients receive not only their medications, but also education and monthly checkups. We currently serve **250 patients** each month through this program 🧑‍🦳.



📍 Every patient who visits our center receives their **medications at no cost**, easing a burden many families could not afford. We provide treatments for **common illnesses** and **specialized medications for chronic conditions**. This is made possible through the incredible generosity of our donors, whose monthly support changes lives and brings health to those who need it most.

b. Dental Clinic



🦷 Our dental clinic **provides high-quality, low-cost services**, making dental care accessible to individuals and families with limited resources in our community. In an area where dental care is often out of reach, we strive to offer an affordable and dignified option. 📊 This quarter, we completed a total of **409 treatments**.

TRATAMENTS	JAN	FEB	MAR	TOTAL
CLEANINGS	24	28	25	77
DENTAL FILLING	76	64	65	205
TEMPORARY DENTAL FILLING	7	10	7	24
PERIODONTAL DISEASE	3	0	0	3
GINGIVITIS	2	0	0	2
BABY TOOTH EXTRACTION	6	7	3	16
ADULT TOOTH EXTRACTION	10	13	25	48
FLOURIDE TREATMENT	4	4	3	11
PERIAPICAL X RAYS	0	0	2	2
MINOR SURGERY	0	2	0	2
DENTAL CHECK UPS	6	7	6	19
TOTAL	138	135	136	409



Alliances:

☀️ Each year, we bring hope and smiles to children in local orphanages and foundations through **free dental evaluations**. We provide timely diagnoses and ongoing treatment throughout the year at our Sal y Luz clinic.

🤝 These **strategic partnerships** help transform lives while allowing us to welcome new patients each year who trust in our care.



Students:

🎓 Students in our **sponsorship** have access to our dental clinic, where they receive **completely free treatment** that restores their health, confidence, and hope.

Through this initiative, we strive to provide holistic support that transforms lives and strengthens the well-being of every beneficiary in our ministry programs. ✨.

c. Clinical laboratory

🧪 Our clinical laboratory provides a valuable service by offering **31 different types of tests** at very low cost, both for our patients and for individuals referred from other clinics and hospitals. 🇧🇮 During the first quarter, we completed a total of **1,789 tests**.

Through these services, our doctors receive reliable and timely results that help improve the accuracy of diagnoses and, as a result, provide more effective treatments for each patient. This effort strengthens our **commitment to health** by making quality laboratory testing accessible at affordable prices

TEST	JAN	FEB	MAR	TOTAL
CAPILLAR GLUCOSE TEST	96	89	110	295
BLOOD GLUCOSE TEST	6	37	33	76
HBA1C	15	41	43	99
GLOCOSE TOLERANCE TEST	1	1	6	8
CHOLESTEROL TOTAL	12	57	48	117
HDL	12	57	48	117
LDL	12	57	48	117
TRIGLYCERIDES	12	57	48	117
UREA	5	36	32	73
BUM	5	36	32	73
CREATININE	4	36	34	74
URIC ACID	9	44	29	82
TGO	5	32	27	64
TGP	5	32	27	64
ASO	2		2	4
RHEUMATIOD FACTOR	1	1	1	3
DENGUE	0			0
BLOOD COUNT	33	52	73	158
VIH	0	1	10	11
RH FACTOR	0	4	12	16
CDRL	1	4	14	19
TSH	1	3	4	8
T3	0		-	0
T4	1	1	-	2
PSA	1	4	2	7
STOOL	7	5	15	27
FECAL OCCULT BLOOD	0		-	0
H. PYLORI	9	7	13	29
URINE	23	46	48	117
PREGNANCY TEST (URINE)	1	1	5	7
PREGNANCY TEST (BLOOD)	3	2		5
TOTAL	282	743	764	1,789



👉 Our commitment is to always provide the highest quality, ensuring **fully reliable results** for every patient. To achieve this, we have an excellent and **highly trained team**, supported by **advanced technology** and high standards, when compared to what is commonly available in Honduras. In addition, thanks to the valuable support of our donors, we are able at **affordable prices**. This helps prevent laboratory services from becoming a financial burden for our patients and their families.

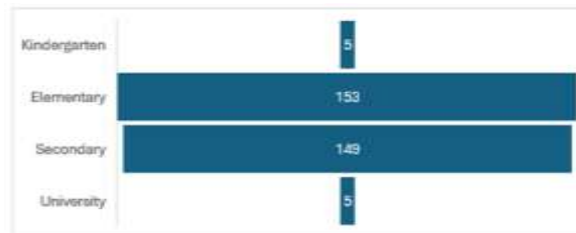
2. Education Program

Our education program currently supports a total of **312 students** across different academic levels, ensuring continuous care and opportunities for growth at every stage of their journey

By accompanying our students from early education through higher learning, we are committed to providing holistic support that empowers them to thrive, break cycles of poverty, and build a brighter future. 🎓 ✨

a. Educational Sponsorship

LEVEL	TOTAL
Kindergarten	5
Elementary	153
Secondary	149
University	5
Total	312



b. Student services



School Supplies: All of our students receive their school supplies at the beginning of each academic year, providing meaningful relief for their families, especially in families with multiple children.

We ensure that every student has everything they need, carefully following the official supply lists from their schools. In this way, we help them start the school year with confidence, dignity, and the tools they need to learn and grow. 🖍️ 📚



👗 ✨ **Uniforms, A Special Moment for Our Students:** One of the most joyful moments for our students is receiving their new uniforms and shoes. In Honduras, school uniforms are mandatory and can be a heavy burden for families. **Thanks to our generous donors, every child in our program receives these essentials completely free.** More than just clothing, this gift brings confidence, dignity, and excitement for the school year ahead. 👟





Tutoring Program: With the desire to create opportunities and support each child's learning journey, our tutoring program focuses especially on students who face greater academic challenges, including those attending rural single-teacher schools.

Through personalized academic support tailored to their level, we aim to strengthen their confidence and expand their opportunities.

💙 Currently, we have the privilege of providing tutoring support to 87 children from four different communities



Youth Camp: At the beginning of each year, we host a special camp for students in our program from 7th to 11th grade. It's a meaningful weekend where they can grow in their relationship with God while also enjoying fellowship, friendship, and fun.

👤 This experience is made possible thanks to the faithful support of **M28 Ministries**, who generously sponsor this camp year after year. This year's theme, '**Kingdom Influencers**,' invited students to reflect on the impact and potential dangers of social media in their daily lives, encouraging them to use their influence in a positive and purposeful way.



👥 During this event, we were blessed to have the participation of 90 students from our program.

3. Microcredit Program



👥 Our microcredit program currently serves **255 members** organized into **24 groups** across different communities. Its primary vision is to support small entrepreneurs by providing not only access to financing, but also ongoing guidance and mentorship to help their businesses grow, become sustainable, and serve as a source of provision and blessing for their families.



BUSINESS SECTORS

🇵🇭 Members of our microcredit program engage in a diverse range of economic activities: 🛒 **Retail trade:** small shops, clothing sales, everyday consumer goods, 🍷 **Food and beverages:** prepared food sales, bakeries, refreshments, ✂️ **Personal services:** beauty salons, barbershops 🧵 **Artisan and tailoring:** sewing, handmade goods 🚚 **General services:** transportation, small workshops, skilled trades



BIWEEKLY MEETINGS:

📅 The program coordinator holds biweekly meetings with each group to close cycles, distribute profits, and review records. 🇵🇭 This oversight ensures transparency, accountability, and strong financial performance.

💰 In the first quarter of 2026, we provided a total of **\$34,941.76** in loans distributed among all our members

4. Evangelism Program

a. Chaplaincy:



🙏 Our evangelism coordinator provides daily chaplaincy services within our clinic, offering **prayer and biblical counseling** to patients seeking medical care. Through this approach, we aim not only to treat physical needs but also to care for the spiritual well-being of each patient

SPITIRUAL CARE



📖 In our clinic, we share the Gospel through a variety of approaches, including Christian messages and music in audio and video formats, devotionals, Bible distributions, and live worship. 🎵 We seek to use every available opportunity to proclaim the Good News and bring hope to those we serve.



EVANGELISM





STAFF CHAPLAINCY

🙏 We also provide chaplaincy support to our staff, offering spiritual care, prayer, and biblical encouragement. Through this, we seek to strengthen their well-being, nurture their faith, and support them as they faithfully serve others each day.

b. Community Outreach



PROGRAMS SUPPORT:

Our evangelism coordinator actively supports the different components of the ministry by leading devotionals with scholarship students, participating in microcredit group meetings, and engaging in various community activities. 🤝 In addition, he collaborates with local pastors on evangelistic initiatives within the communities we serve, strengthening the ministry's overall spiritual outreach

DOOR TO DOOR EVANGELISM:

🤝 Together with volunteer missionaries from the United States, our ministry conducts home visits to share the Gospel and distribute Bibles and Christian materials. 📖 We seek to ensure that every household in the communities we serve has the opportunity to hear the message and receive prayer. 🙏 Our chaplain provides follow-up care for families as needed, offering ongoing spiritual support.

5. Community Development

We had a busy and meaningful spring at Sal y Luz ✨, welcoming several groups of missionaries from the United States us. Together, we worked on impactful projects 🤝 and provided medical and eye care to many people in our community. Our teams invested a total of **\$41,570.50** in our communities. We thank God for every missionary who comes with a heart to love and serve our people

TEAM	COMMUNITY	AMOUNT	PROJECT
Medical Missions Ministry of Ashe	La Virtud	Built one	2 bedroom house
		Provide 18	Food bags
Friendship Baptist Church	Agua Amarilla	Saw 300 patients	Ophthalmology
	El Bambu		
	Agua Azul Rancho		
Wellspring Church	Agua Azul Rancho	Built two	3 bedroom house
	El Bambu	Provided 27	Food bags
	Agua Amarilla		
	Santa Elena		
	Las Lomitas		
El Olvido	Saw 520 patients	Medical Brigade	
St Marks UMC	Las Marias	Provided 10	Food bags
	El Novillo	Provided 15	Food bags
	Las Marias	Built a	school room
	El Novillo	Saw 180 patients	Medical Brigade
	Los Coquitos		
	Buenos Aires		
Hartfield Academy	Las marias	Provided 25	Food bags



 **Learn More:**

www.Saltandlighthonduras.com

 **Supporting Salt & Light Is Easy:**

1.  **By Check:**

Make your check payable to Salt & Light Ministry Foundation and mail it to:

808 Audubon Point Dr., Brandon, MS 39047

2.  **Online Giving:**

Make a one-time donation or set up recurring monthly support through PayPal by visiting: www.Saltandlighthonduras.com and clicking the “DONATE” button.

3.  **Direct PayPal:**

Send donations directly via PayPal to:

saltandlight@bellsouth.net

4.  **Estate Giving:**

To learn more about including Salt & Light in your estate plans, please contact:

Slade Exley, Treasurer – 601-421-4101

**The impact of your financial, volunteer, and prayer support
is truly immeasurable.**

 **Tax Information:**

Salt & Light Ministry Foundation is a tax-exempt organization under Section 501(c)(3) of the Internal Revenue Code.

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