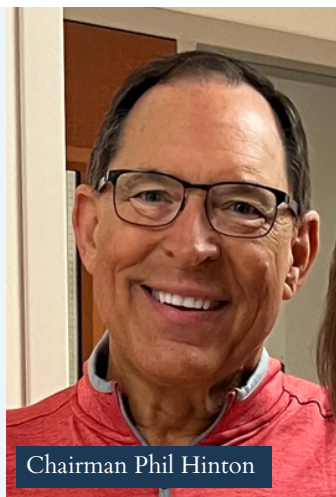


SEPTEMBER 2025

SALT & LIGHT

MINISTRY FOUNDATION UPDATE



Chairman Phil Hinton



Woodland Presbyterian

What joy it brings to reflect upon the awesome journey we have shared together in Honduras. We celebrate with each mission team the hearts transformed, lives touched, and communities strengthened through their dedication and love for this ministry...

This year, we have seen a spirit of generosity and service among those who have answered the call to join us in Honduras. We had a total of 13 mission teams from Mississippi, Tennessee, and North Carolina that arrived with open hearts—eager to serve, learn, and walk alongside families of the many communities we serve. Each team brought unique gifts, skills, and—most of all—a willingness to share the gospel in word and deed. Together, we witnessed the powerful impact that arises when individuals unite for a purpose greater than themselves all while being the hands and feet of Christ.

Yes, 13 mission teams, post-COVID, were the most we have had, and some of those teams were extremely large. I am so proud of the staff of Sal Y Luz, who worked tirelessly throughout this year to ensure that each mission team had the resources they needed to complete their mission projects.

Thank you, mission teams, for your dedication and perseverance. Thank you to our partners and supporters for your unwavering belief in our mission. Thank you to the communities of Honduras for continuing to welcome us and walk this journey with us. *May the love and light of Christ we have kindled together grow ever brighter.*

PHIL HINTON, CHAIRMAN

**JOIN OUR ANNUAL
BANQUET
OCTOBER 14, 2025
AT 6:00PM**



Doors open at 5:30.
Contact Julie Blake by October 5 to
save your seat (601-397-8880 or
blake3033@gmail.com)



It costs \$20 to attend, and there will
be a raffle prior to dinner. All funds
will support gospel work in
Honduras.



Hear from special guest, Sal y Luz
Director Daniel Tercero

**CONTINUE YOUR
IMPACT**



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OUR MISSION AT [SALTANDLIGHTHONDURAS.COM](https://saltandlighthonduras.com)**

COVENANT PRESBYTERIAN JACKSON

The Covenant Presbyterian Church Team visited Honduras June 12-19 and worked on improvements to the Las Vegas old folks home, as well as working one day at the school in Las Marias. The team and some Sal y Luz staff members traveled to the prison in La Paz to conduct a medical clinic, dispense reading glasses, conduct worship with the prisoners, and check on the water purification system installed about 10 years ago.

Team members also met with one of the micro-business groups, assisted in tutoring, and conducted a follow-up visit to the water purification system in El Olvido. This was the first trip for our Associate Pastor and one other young church member. **Slade Exley**

WELLSPRING AND LAKESHORE CHURCH

Wellspring Church of Gluckstadt and Lakeshore Church of Jackson sponsored a team of 36, from Feb 1-8. This included many new team members as well as some who have a long history of service in Honduras.

During the trip, the team provided medical care, vacation bible school, and construction. Two houses were built, with one being for the lady who cleans for the Salt and Light clinic. She is a single mother of two. The medical team provided care to some 400 patients, with established physicians as well as students and residents assessing community members. A pharmacist-led team dispensed needed medications. Eyeglasses were given to those having vision trouble, and dental fluoride treatments applied during triage. Our Vacation Bible School sessions were held in the mornings at our clinic sites and the VBS team delivered food in the communities in the afternoon. On our last day there, team members delivered food to families in other communities and prayed with them while spreading the Good News of Jesus.

Ellen Healy



Wellspring and Lakeshore Church



Wellspring and Lakeshore Church

2025 HAPPENING

Our trip was May 28-June 4, and the team consisted of 23 high school students from all over Mississippi who had previously attended a HAPPENING retreat weekend, 3 adult leaders, and 2 parents of students for a total of 28.

All of our work was done in the village of Las Marias, which is across the lake from Las Glorias and about a 90-minute drive. This new village gave us an amazing welcome when we arrived our first day.

Each day in the village included separate morning Bible studies for older boys and girls and afternoon VBS activities for all the kids in the village. Many team members that weren't involved in the kid's activities visited homes in the community, delivered food and prayed with the residents. Others were busy digging holes and mixing concrete to install trash-can stations around the village or painting the installed trash cans.



Covenant Presbyterian



The Happening

We originally funded and planned to build 10 stations but early progress was good so we funded four more and managed to complete 14 of the 20 stations that are planned for the community. On Sunday, we went kayaking in the morning and attended worship at The Rock of Salvation Church in the evening.

We visited and had dinner one evening with the kids at the Honduras Life Center Orphanage, which is always a favorite activity for our students. Nobody got sick and nobody got injured all week, so it was an outstanding experience, and the lives of another group of young Christians on a mission will probably never be the same.

Mickey Plunkett

ST. MARK'S UMC

I'm still trying to wrap my head around what happened during our trip to Honduras. We had one of those moments that makes you stop and wonder if you actually witnessed something miraculous.

Our team went into the village and bought four small watermelons from a local vendor. When we got to the school where people were waiting for medical treatment, we figured we'd share some refreshing fruit on such a hot day. Kids were everywhere, along with all the patients and their families. Someone grabbed a machete and started cutting up the watermelons. We figured we'd need all four to feed everyone, but we only ended up cutting TWO of them. Piece after piece kept coming off those melons as we handed them out to volunteers, village kids, and everyone waiting around the school. Here's the thing that still gets me—there were a lot of people there. Way more than two small watermelons should have been able to feed. But somehow everyone got watermelon.



Everyone. And we still had enough that we took the other two watermelons back to the hotel with us, completely untouched.

I keep thinking about the Bible story of the fishes and loaves, and I can't help but feel like we witnessed something similar. Maybe it wasn't about the watermelons magically multiplying. Maybe it was just about what happens when you share what you have, trusting that it'll be enough. Sometimes the simplest acts of generosity create their own kind of abundance.

Angela Maxwell

ST. MATTHEWS

St. Matthew's had a great trip to Honduras and working with the Salt and Light team! The week went smoothly. Aside from the rain Monday morning, the construction team was able to have a good week and made significant progress in the home build. It was a joy to meet the children of Las Lomitas and participate in VBS.

The Salt and Light team managed the transport and assistance with the team in a professional and timely manner. The translators provided excellent communication and worked closely with our team to support the mission.

The family we were building a home for were filled with great joy! They opened their hearts to us and ours to them. The family worked alongside us, and, in spite of language barriers, God's love prevailed to bridge the translation.

The food delivery ministry was a new experience for me and was awesome to see God's work. The Holy Spirit worked through us all and blessings were bestowed.

It was so awesome that I got to take some of the new team members to see the home our team constructed last year. They had taken such pride and made even more improvements to the home.

The new clinic additions were a delight to see and it really was inspiring to see all the work that Salt and Light has done. Las Glorias and its staff took great care of our team and accommodating to our requests.

Our church is looking forward the next mission trip and our continued partnership with Sal y Luz!

Drew Howard

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Woodland Presbyterian



Woodland Presbyterian

WOODLAND PRESBYTERIAN MEMPHIS, TN

A group of eleven from Woodland Presbyterian Church traveled to Honduras for a week in July. Members made up a Medical Team, Construction Team, and Living Waters for the World Clean Water Team. The Medical Team worked alongside Dr. Javier to fill prescriptions in several remote communities. Two of our members are nurses and provided the proper medications, allowing us to fill almost 250 prescriptions! The children were a joy to be with while they waited with their families in the clinic, and we are thankful for the three young ladies who were our interpreters. They made our patients comfortable so we could communicate important details and share some laughs together. We also had an opportunity to visit La Paz prison with Dr. Javier and a local dentist. We filled prescriptions while our men ministered to the prisoners and gave them Bibles.

Our Water Team visited water sites and met with familiar faces while the Construction Team was busy with building and repair projects at Pan American Health. On our last day, Daniel gave us a tour of the new Salt and Light Clinic medical procedure building with equipment funded by Samaritan's Purse. We were excited to hear the plans for this new medical facility and the future impact it will have in the community.

We are grateful for the opportunities that our Honduran friends made available to us by knowing the communities and their needs. 2025 is Woodland's 18th year to travel to Honduras. We are thankful to God for the partnership and ministry our church has with Salt & Light Ministries and our Honduran friends.

Kathryn Miskell



FBC Raymond



FBC Raymond

FIRST BAPTIST CHURCH RAYMOND

14 people from FBC Raymond went to Las Marias from June 25-July 3. There were eight adult men, three adult women, and three teenage boys who comprised this team.

Our work schedule for the week included our Minister of Education leading church and community leaders in a leadership training held in the church in Las Marias. This was a two-day training session that was well received by the attendees and will hopefully result in improved disciplining of the community at large.

We also spent four and a half days doing construction on a covered porch and a two-stall bathroom for the church. This involved the removal of some existing structures, mixing and pouring concrete for the covered porch, and erecting the bathroom walls.

We held a four-day VBS which was attended by a large number of the children of the Las Marias community and outlying areas. All of the VBS students in attendance were very excited about what they experienced during those four days. In particular, the older students in attendance really seemed to connect with one of our teenage boys who played the guitar and sang worship songs in their native language. Because of this connection with the students, he was able to share his testimony.

We also did two days of door-to-door evangelism in Las Marias. We visited almost every household in the village and even went to the next village's doors also.

The people of the village were very warm and receptive to us and open to the good news of Jesus. **Most importantly, there were two professions of faith made while we were there.**

Overall, we had a wonderful experience there and our team members expressed a desire to return next year, hopefully, with more people to join with us from our church.

Judy Lowrey



FBC Fannin



Madison Methodist



FBC Fannin



FIRST BAPTIST CHURCH FANNIN

First Baptist Fannin had an awesome team of 36 individuals that worked tirelessly all week, spreading the love of Christ in the village of Las Marias. As was the case last year, the night before we left, satan tried his best to delay us getting to Honduras. But the Lord had other plans and provided better flight times than what we originally had.

Following are the various activities and worksites:

- Had VBS each day with over 35 wild and precious children.
- Did door-to-door evangelism spreading the word of God, giving out 80 bibles, and delivering 40 bags of food.
- Held ladies and teenage girl's bible studies with 30 individuals participating each day.
- A medical team that treated approximately 150 patients, helped over 75 people see and read better, performed minor surgery on an older lady, arranged and paid for a young girl to go to the hospital for the removal of a cyst, and provided much needed dental treatment for many in the community.
- The construction teams built a 3 bedroom house, community bathroom, and a schoolroom.
- Supplied furnishings for the new house, the pastor's house, and tables for the school.
- Purchased a wheel chair for an older lady that was paralyzed on one side due to a stroke.
- And finished off the week with a carnival for over 150 children.

It was a tremendous week made possible by the power of God, the prayers and support of many, the hard work of the Fannin team, and the Salt & Light Honduras staff.

Bobby Fortenberry

MADISON METHODIST

A team of 64 people from Madison Methodist, First Baptist Ellisville, and Refuge 16 churches served in the villages of Agua Azul Ranchero and El Bambu in late June. A large medical and dental team set up in the church in Agua Azul Ranchero and saw over 320 patients. We also provided medical and dental care for residents of El Bambu and transported them to the clinic during the week. Our large team was also able to host VBS at both villages, teaching and spending time with over 300 children between the villages. In El Bambu, there was much need for construction and our team built three, three bedroom homes for three families. We were also able to paint the inside and outside of two school buildings in El Bambu. It was truly amazing to watch this particular community support each other and offer to help our construction teams as they were able. A sidewalk project was also funded and started while we were serving in Agua Azul Ranchero that would connect the church sanctuary to the smaller buildings. We had different teams each day going door-to-door with bibles and often 100 pound food bags sharing the gospel and evangelizing to the communities' people.

It was a powerful experience for these teams to share and watch people receive Christ. A women's bible study was held in the afternoons at Agua Azul Ranchero and was well attended by both villages. Our team left a village still with much need, and our hope is that we can continue to minister to this community through Sal y Luz and Salt and Light in the years to come.

Carrie Ainsworth



Madison Methodist



GIVING DETAILS

Cash or checks can be mailed to treasurer at 808 Audubon Point Drive, Brandon, MS 39047. Checks should be made out to Salt and Light Ministry Foundation. Contact Slade Exley sladefexley@bellsouth.net or 601-421-4101 to donate through external or stock transfers. Give through our Paypal, SaltandLight@bellsouth.net

This mission couldn't happen without you. Thank you.

We are so grateful for each of you being the Body of Christ and enabling and executing this work. By giving of your time, gifts, and prayers, you have ensured another incredible year of impact. The Lord has continued to bless Salt and Light ministry.

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