

MARCH 2024

# SALT & LIGHT

MINISTRY FOUNDATION UPDATE



Sal y Luz staff present new homeowners with appliances.

## Sometimes I am asked, “Why do you go out of the country on mission trips to Honduras when there is so much need right here in the United States?”

My answer is always the same, “God has called me to work alongside Him in Honduras, just as he has called me to work alongside Him in the USA. I believe God doesn’t look at boundaries and borders, instead He looks at our most urgent needs wherever we are in the world.”

Salt and Light Ministry Foundation, USA has partnered with Ministerio Sal y Luz, Honduras for more than 20 years. Our mission is to spread the gospel of Jesus Christ in Honduras through word and deed. We are dedicated to helping the poor through medical care, education, leadership training and micro-business loans. Also, we organize and send many teams from the USA to build homes and public buildings, teach children and adults about Christ, and provide medical care in remote towns and villages. In everything we do the gospel and love of Jesus Christ is proclaimed.

In 2024, we are adding a medical procedure building to our clinic. This allows us to expand much needed medical services to the patients we serve.

We welcome you to come join us as we work alongside God in Honduras.

**BOBBY BLAKE, CHAIRMAN**

## YOUR 2023 IMPACT

- 5,580 medical patients treated
- 1860 dental patients treated
- 228 children fed
- 209 students educated
- 235 loans given
- 156 businesses supported (95% female-owned)
- 149 microfinance trainings given
- 8,041 evangelism contacts made
- 15 community projects completed

GIVING:



DETAILS ON PAGE 4

## IN THIS ISSUE

# 1.

student and education impact

# 2.

staff, microloans, and medical brigades

# 3.

mission team instructions,

# SPOTLIGHTS



ADRIANA MARIALA OCHOA LÓPEZ

## EDUCATION IMPACT

The time and finances given to provide education in Honduras through Sal y Luz have impacted hundreds of families in 2023–2024.

Your sponsorship of students in elementary, secondary school, and university has provided school uniforms and shoes, school supplies, learning materials, and after-school tutoring programs. Each student also received access to medical and dental care at the Sal y Luz Clinic during the school year.

Tutoring services are provided at the local school buildings, and all children are invited for these services, whether sponsored or not. This work is truly invaluable to the individuals and communities touched by our education programs.

If you are interested in sponsoring a student through their education, we ask that you prayerfully consider a long-term commitment to educating the student through a year-over-year gift. Students may be sponsored by individuals, groups, Sunday School classes, or businesses. Sponsored students understand they must practice strong study skills, attend tutoring, and maintain an acceptable GPA to remain in the program.

For more information about sponsoring a student's education, contact Susan Exley, Education Coordinator, [susanexley@bellsouth.net](mailto:susanexley@bellsouth.net).

## STUDENT IMPACT

Adriana Mariala Ochoa López has her heart set on becoming a physician, and she is well on her way thanks to her hard work and support from her education sponsor.

Her favorite school subjects are science and accounting, but, like any other 17-year-old, she enjoys soccer and riding her bike. Adrianna has an active home life with her mom, dad, and two siblings in Los Naranjos. Please pray for her continued education and encouragement as she completes high school.

“Being part of the [Sal y Luz education] program has been a great blessing and a change in my life,” Adriana said.



EDUCATION IMPACT

GIVE HERE & **SUPPORT CONTINUED EDUCATION**

VISIT PAGE 4 FOR DETAILS ON GIVING



## STAFF MEMBER

Maria Carolina Aleman (Carolina) serves as the Nurse at the Sal y Luz Clinic in Honduras. If you've had the opportunity to conduct missions in the Lake Yojoa area with Salt and Light Ministry Foundation, you've met Carolina. She has faithfully served in the ministry for 16 years.

Carolina lives in Peña Blanca with her husband Panchi and their two children, 8-year old Juan Emilio and Aaron Emilio, who is 4 years old. When she is not on duty at the Sal y Luz clinic, Carolina loves spending time with her family, taking walks with her children, and cooking.

"The ministry has helped me grow professionally and means support for my family and for many families in the Peña Blanca area."



BESSY CAROLINA DEL CID

## MEDICAL BRIGADES

Medications and physicians are the most basic ingredients of a medical team. Nurses and allied health professionals can supplement the physicians by taking vitals, administering medications and more. A medical team may also include medical students and residents in training.

Our current medical teams compile a list of common medications to go with the most anticipated diagnoses which are sent ahead of the team to Honduras. A makeshift pharmacy is set up to fill and distribute these medications. A pharmacist is a bonus, but others can learn to fill this role if needed. Minor procedures can also be performed, based on the team's expertise. **Please reach out to us if interested in forming a medical brigade. We'll gladly walk you through it!**



MARIA CAROLINA ALEMAN (CAROLINA)

## MICROLOANS

The next time you think about a yummy meal in Honduras, Bessy Carolina Del Cid should come to mind! Bessy is a valued member of the Los Naranjos microbusiness group, where she helps support her family by cooking and selling tortillas. Through a vibrant home and delivery business, she has grown her business to reach a wider customer base and provide jobs to other people in her neighborhood. Bessy and her husband have 4 children.

"The microbusiness program has been a big blessing, because without your help I wouldn't be able to start my business. Now, with the profits I make, I can support my family and pay the education for my children," Bessy said.



CHILDREN SERVED

GIVE HERE & SUPPORT  
**ECONOMIC GROWTH**

VISIT PAGE 4 FOR DETAILS ON GIVING



# CONTINUED SUPPORT FOR SALT & LIGHT MINISTRY FOUNDATION



Sal y Luz staff in daily prayers for the ministry.

## Do you feel God calling you to lead a mission team to Honduras? Are you wondering how to start?

1. Start with prayer.
2. Contact Daniel Tercero, Director of Sal y Luz in Honduras, at [danieltercerorj@yahoo.com](mailto:danieltercerorj@yahoo.com) to set a date for your mission trip.
3. Meet with the people who would like to be a part of your team and determine their skills and talents. (Make sure everyone has a valid passport).
4. Have team members complete the Salt & Light team application along with the consent and release form.
5. Reserve airline tickets for the team.
6. Set a price for trip and collect deposits from team members.
7. Complete the team leader form and send a copy to Daniel at least 30 days prior to your trip. Also, send the required designated funds to Salt & Light.
8. Have a more detailed team meeting about 4 weeks before your trip.
9. Order trip insurance two weeks prior to leaving the country.
10. On the night before we leave we gather as a team with our families and church to have communion and cover any final last minute, details.

**We are in Honduras to share the Glory and Hope of the Lord through word and deed. Go with an open mind ready to learn. Relax and enjoy our cultural differences. Don't take yourself too seriously. And always remember that we are their guests.**

Finally, take time to learn a few key words in Spanish before you go. It will enrich your encounter with the people. Interpreters will usually be nearby at the job sites, and communication is only an inconvenience, not a problem. You will be surprised how much you can communicate with hand signs and smiles.

I am here to help you, call or email me, 601-397-8880 or [blake3033@gmail.com](mailto:blake3033@gmail.com).

Blessings,  
Your sister in Christ,  
**Julie Blake**

## GIVING DETAILS

Cash or checks can be mailed to treasurer, Slade Exley at 808 Audubon Point Drive, Brandon, MS 39047. Checks should be made out to Salt and Light Ministry Foundation.

Through Paypal  
[SaltandLight@bellsouth.net](mailto:SaltandLight@bellsouth.net)

Contact Slade Exley  
[sladefexley@bellsouth.net](mailto:sladefexley@bellsouth.net)

or call/text at

601-421-4101

to donate through external or stock transfers.

